

# Jotunheimen National Park

## Mountains for children and adults

Established in 1980, Jotunheimen National Park is home to the country's highest peak, Galdhøpiggen, which stands at almost 2500 meters. The richness of the park is realized between waterfalls, rivers, lush valleys, lakes and glaciers that dominate the landscape. The glacial valleys and high mountains are equally impressive and disorienting.

A few hours drive from Oslo, the **Jotunheimen National Park** is an exceptional **natural site**. In addition, there are nearly twenty camping sites in the region, which makes it easy to travel by camper van in the heart of the country. However, to fully enjoy the authenticity of the park, the best ways to get around once you arrive are on foot, on **skis**, by **bike** or on **horseback**. The park offers in addition to its unique biodiversity and breathtaking landscapes many activities such as **cycling**, **cross-country skiing**, **downhill skiing**, **rafting**, **horseback riding**, **canyoning** and **caving**.

Wildlife viewing is the least expensive and easiest activity to access. Don't miss **unique species** such as the glacial buttercup, a flower that grows even at an altitude of more than 2000 meters, some rare birds or the many mammals that inhabit the park. There are elks, deer, roe deer, foxes and minks, but also reindeer, wolverines and lynx.

There are many **walking and hiking trails** suitable for everyone. Whether you are with your family or friends, you will find the path that suits you. One of the most beautiful routes is certainly that of **Memurubu** near **Gjendesheim** with extraordinary panoramas on the emerald green lake Gjende or the lake Bessvatnet further north.